Training Little Children

lating training in Froebel's wonder-ful methods for teaching little chil-ishments light, but see that they al-and Omaha, Nebr., recruiting offidren and several years of trying to ways follow the offense. Their ef- ces on the old basis of four years dress, but in trend of thought and tem there was initiated by Thom put those methods into practice, lectiveness depends upon their in- enlistments. It is not any longer morais," Dr. Throckmorton contin- Mott Osborne, former superintendcould not fail to give a mother a more intelligent and spiritual grasp child keeps his fingers from the local draft boards as their earls our primitive ancestors to adopt. Less promising results were noted of the meaning of her children's ac. flame because he knows it will all have all been cancelled and rec. dress were, first vanity, next pro- of the probation system, only 55

I have been trying to formulate some ways a good and happy child. For permanent hasis there will be va. disregarded by the gentler sex. The against 71 per cent in the preceding of the practices that have helped me outdoors, try to have a sand box, a cancies in all the different branches,

to raise an issue. If a child refuses to obey, do not always insist upon implicit obedience; your command the mothers of the country. may not have been an entirely wise one, Punish for disobedience, if necessary, but do not raise avoidable issues. "Breaking a child's will" is cruel and most harmful.

ways he sure that the cause is not Oklahoma City, Okla, a physical one, for fatigue and hun-ger come easily to little people. Many problems that are unsolvable before a meal are no longer problems afterward.

Try to follow your children's activities and to understand the instinets and inner laws from which they proceed. View what they do inthe light of your intelligence and of your spirit. Such a habit of watchfulness and care prevents nervous irritation and enables you to enter into and to encourage sympathetically activities which are pleasing,

6. Be consistent in what you approve and disapprove. Do not one a child for something he had done. thing because you are rested,

7. Answer questions truthfully, the money thus expended will be A child's mind does not always crave, saved many times over the state details. Give him only broad statements. Build a strong foundation of health, truth to which details may be added | later, As regards the vital question of the origin of life be careful not to give the child more than he asks for, Do not force your bads to open birds is analogous to human life and will tell you how to answer this

Avoid uscless negations, there is no real reason why a child should have his requests denied, do not deny them.

9. In regard to children's inter ruptions, consider whether wha they want you to do is not mor important than the special activity you had planned for that mount In the last analysis, why do y mothers exist at all if not to gi of our best to our children and to meet their needs as they show themselves?

10. The care of a child's bady is important, but it should not me olize the mother's attention at the expense of mind and spirit.

IL Cultivate a sense of humor yourself and in your child. It is wonderful how many trying simuations may be relieved through this

12. Show a child the same respecyou would a grown person. What child resents most in being struck is not the pain, but the insult to his

pride.
13. Do not leave your children largely to the care of nurses, how ever conscientions or seeminly telligent they may be! Nurses m ister mostly to the physical need of little children, and the tone soo comes when they are no longer nec-

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cess. Wire, phone or write to

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By Mrs. Gertrude H. Campbell

Many mothers have asked me, 'Do you find that your kindergarten training really helps you when you are dealing with problems in your home?" My answer is invariably, "Yes."

Two years of thordush and stimms.

The very important part which the Marine Corps will take in protecting American interest in the unsettled countries which have taken part in the world war is going to require a permanent Marine Corps will take in protecting American interest in the unsettled countries which have taken part which the Marine Corps will take in protecting American interest in the unsettled countries which have taken part which the Marine Corps will take in protecting American interest in the unsettled countries which have taken part which the Marine Corps will take in protecting American interest in the unsettled countries which have taken part which the Marine Corps will take in protecting American interest in the unsettled countries which have taken part which the Marine Corps will take in protecting American interest in the unsettled countries which have taken part which the Marine Corps will take in protecting American interest in the unsettled countries which have taken part which the Marine Corps will take in protecting American interest in the unsettled countries which have taken part which the Marine Corps will take in protecting American interest in the unsettled countries which have taken part which the Marine Corps will take in protecting American interest in the unsettled countries which have taken part which taken protecting American interest in the world war is going to require a permanent Marine Corps will take in protecting American interest in the world war in the world war is going to require a permanent Marine Corps will take in protecting American interest in the world war in t

ways burn him.

over the hard places, and offer the following to the mother who wishes and let this be a spot where the children's early lear the word "dou't" as sellowing to the refiderence of the word "dou't" as sellowing to the word "dou't" as sellowing a period that they and she will remember with great joy.

L. When it is necessary to restrain a child from doing something the paper, blum seisors, colored goods strain a child from doing something the paper, blum seisors colored goods strain a child from doing something the paper, blum seisors colored goods that they are not continuate enough to get wanted to see foreign service, but were not fortunate enough to get paper, blum seisors colored goods the style of corset and shoes by the style of corset and shoes.

FOR CHRONIC PROPERTY Chinese in all the different branches, which are infantry, light and heavy at the continual chilling of the skin causes congestion of the individual continuate infantry, light and heavy at the continual chilling of the skin causes congestion of the continual chilling of the skin causes congestion of the continual chilling of the skin causes congestion of the continual chilling of the skin causes congestion of the continual chilling of the skin causes congestion of the skin causes strain a child from doing something paper, blum seissors, colored good-portunity in the Marine Corps. wrong or harmful, always suggest en beads, shoe-strings for stringing something else he may do. Never and pegs for pegboards. (Beads, pegs issue a don't without proposing a and peg boards may be procured 2. In giving a child permission to field, Mass, or I., Steiger & Co., 49

a playing with blocks or cutting spiritual food see that your own

Please pass this arricle to a friend and thus help Uncle Sam reach all

DR. DUKE FAVORS THE SANATORIA SCHEME

4. When a child is naughty, al- The Oklahoma Tuberculosis Assn.,

I am in most hearry accord and sympathy with the plan to estab-lish suitable state tuberculosis sanatoria in Oklahoma, Prompt legislative action to that end is most

Oklahoma, so progressive in most respects has been backward in this important phase of public health work. Hundreds of lives would be saved each year and great human antiering averted by the establishment of suitable places for the care of tubercular patients. Even of largest cities are deficient in th day, because you are tired, reprove regard; in smaller communities there is almost no provision f and the next day ignore the same the care of such patients. Aside from the humanitatian viewpoint

> Nothing is more expensive than ill Assuring you of my most cordial

saved many times over the state.

Sincerely yours, JOHN W. DUKE. State Commissioner of Health



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A LARGE NUMBER OF MARINES WILL BE NEFDED

The very important part which

ords closed.

Gen, March Gets D. S. M. not develop into license. For he will companies will send a catalogue up- awarded the distinguished service dress but in conduct." medal to Gen, Peyton H. March, NAVY LINED UP TO imposed to test his powers and help 10. Since you are constantly su-him concentrate. For instance, if he plying your child with mental and decoration before a large assem-

WOMAN DOCTOR WANTS WOMEN TO WEAR MORE CLOTHES TO SAVE COAL of court-martial decreased from 1.75 to 1.17 in the navy and from 2.72 to 1.20 in the Marine Corps,

save coal and improve health," was Clark, judge advocate-general, who the substance of an address before also took occasion to commend the the Public Health Administration improved conditions in naval prissection of the American Public ons, which he attributed largely to Health Association today by Dr. the efforts of the Welfare League.

tection and lastly modesty; Of these, per cent of the men so released Thinking back over the past years 15. A child that is occupied is al- In re-organizing the corps on a that of protection seems most often completing the period of probation

"Dress and morals are intimate- RHEUMATISM and peg boards may be procured. Washington, Dec. 13.—Upon the ly associated and modern and modern Many people who have considered from Alilian Bradley Co. Spring-precommendation of General Pershappears in demand but little at presenting the manufacture of deliars on specialists. Washington, Dec. 13.-Upon the ly associated and modesty in dress Many people who have considered play take care that his activities do Murray street, New York. Both dem Wilson Secretary Baker has ten use poor infigment not only in Baths, Daking Processes, etc.

BEST TRADITIONS Items

is playing with blocks or cutting from paper, giving him permission to do anything he pleases often tessuits in aimless or destructive activity. Some suggestion from the mother to make something—to furnish a house, for instance— stimulating mish a house, for instance— stimulates and directs his mind, while leaving him free to express himself, at Before a command is given always consider whether it is going ways consider whether it is going to the property of the percentage.

It is provided food see that your own mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary mind and spirit are kept renewed and blage of army officers. Secretary it was wen through efficient service both in France as chief of attillery of the war and sailors almost invariant to war and sailors almos

Recruitfug has recently been re- Jeanette H. Throckmorton of Claris In referring to excellent condition at the Portsmouth, N. II., yard, the There are fashions not only in judge advocate-general said the sys

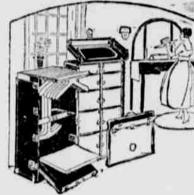
Germans Leaving Odessa

principal Russian port of the Black ceeding systematically.

ment of Field Marshal von Mack-London, Dec, 13,-Odessa, the ensen's army, it is added, is pro-

Chicago, Dec. 14.—"It is our patriotic duty to put on more clothes, close annual report of Capt, George R. Clerk index advants appears who capted annual report of Capt, George R. Clerk index advants appears who capted annual report of Capt, George R. Clerk index advants appears who capted annual report of Capt. George R. Clerk index advants appears who capted annual report of Capt. George R. Clerk index advants appears who capted annual report of Capt. George R. Clerk index advants appears who capted annual report of Capt. George R. Clerk index advants appears who capted annual report of Capt. George R. Clerk index advants appears who capted annual report of Capt. George R. Clerk index advants appears who capted annual report of Capt. George R. Clerk index advants appears who capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. George R. Clerk index advants and the capted annual report of Capt. Georg

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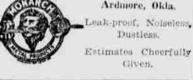
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